



CALIFORNIA SINUS CENTERS

Please print neatly and fill out every item as accurately as possible. Ask a staff member if you require assistance in filling out this form.

Doctor: \_\_\_\_\_ Acct: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Information

Guarantor/Responsible Party information

Form with fields for Child's Name, Date of Birth, SSN, Address, Home Phone, Emergency Contact Name, Relationship, and Parent/Guardian Email Address.

Primary Insurance Information

Secondary Insurance Information

Form with fields for Insurance name, Insurance ID, Group or Policy Number, Policy Holders Name, Policy Holders Relationship to Patient, and Policy Holders SSN/Date of Birth.

Primary Care Physician (Family Doctor) \_\_\_\_\_

Referring Physician \_\_\_\_\_

Medicare/Medi-Cal Lifetime Signature on File:

I request that payment of authorized Medicare benefits be made on the patient's behalf to Sacramento Ear Nose and Throat Surgical Medical Group, Inc. (dba: California Sinus Centers) for any services furnished the patient by the physician.

Private Insurance Authorization for Assignment of Benefits/Information Release:

I, the undersigned, authorize payment of medical benefits to Sacramento Ear Nose and Throat Surgical Medical Group, Inc. for any services furnished the patient by the physician.

Responsible Party's Signature

Date

CHILD/TEEN

Revised 3/27/2009

What is the reason for your child's visit today? \_\_\_\_\_

List all current medications, including any over the counter (OTC) medications or supplements

Not taking any medications

Name of Medication and Dosage

List any drug allergies or medicines your child can not take

No known drug allergies

Name of Medication	Type of Reaction

Pharmacy: Name: \_\_\_\_\_ Address: \_\_\_\_\_  
Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

Has your child ever had allergy testing?

- No  
 Yes

Has your child ever taken allergy shots?  No  Yes

Is your child allergic to any of the following?

- Latex  Tape  Foods \_\_\_\_\_  
 Other \_\_\_\_\_

### Past Health History

Please indicate any diseases or problems that your child has had or been diagnosed with by a doctor

No Major Illnesses

#### Childhood Diseases

- Chicken Pox  
 Measles  
 Mumps  
 Other \_\_\_\_\_

#### Congenital (Birth) Problems

- Congenital Malformation  
 Down's Syndrome  
 Prematurity (# of weeks \_\_\_\_\_)  
 Cystic Fibrosis  
 Other \_\_\_\_\_

#### Other Problems

- Acne  
 Asthma  
 Diabetes  
 GERD/Reflux  
 Sleep Apnea  
 Other \_\_\_\_\_

(For Teenage Female Patients) *Are you pregnant?*     Yes     No     Possibly / Not Sure

**Please indicate any major surgeries you have had any surgeries:**     No

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Family History**

Please list any of your **BLOOD RELATIVES** who have a history of any of the following and give their relationship to you:

Family history unknown

	<input type="checkbox"/> No	<input type="checkbox"/> Yes	<b>RELATIONSHIP</b>
Problems/Complications with Anesthesia	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart Problems (Including Hypertension)	<input type="checkbox"/>	<input type="checkbox"/>	_____
Lungs	<input type="checkbox"/>	<input type="checkbox"/>	_____
Bleeding/Clotting Problems	<input type="checkbox"/>	<input type="checkbox"/>	_____
			(Please describe)
Other Major Health Problems	<input type="checkbox"/>	<input type="checkbox"/>	_____
			(Please describe)

**Social History**

*Is your child currently attending school?*     Yes     No    *What grade level?* \_\_\_\_\_

*Does your child use tobacco?*     Never     Quit     Yes

*Does your child use any other drugs?*     No     Not Sure     Yes \_\_\_\_\_  
(Please describe)

Please answer yes or no to any other **SYMPTOMS** that you have now or have had **RECENTLY**

<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>General:</u></b> Fever Weight loss <input type="checkbox"/> Planned <input type="checkbox"/> Unintentional Weight gain Sleeping Problems Other: _____ <i>(Please describe)</i>	<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Stomach/GI Problems</u></b> Abdominal Pain Constipation/Diarrhea Excessive Gas Heartburn/Indigestion Other: _____ <i>(Please describe)</i>
<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Eye Problems:</u></b> Blurred vision Double vision Itching/Burning Other: _____ <i>(Please describe)</i>	<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Urinary or Female/Male Problems</u></b> Difficulty Starting/Stopping Stream Frequency/Urgency Incontinence Pain/Bleeding Other: _____ <i>(Please Describe)</i>
<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Ear Problems:</u></b> Dizziness Drainage Hearing Loss Infection Itching Pain Ringing Other: _____ <i>(Please describe)</i>	<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Bone/Muscle problems:</u></b> Painful Joints Pain/Stiffness in Neck Weakness Other: _____ <i>(Please Describe)</i>
<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Nose Problems:</u></b> Nasal Congestion Itching Nosebleeds Postnasal Drainage Other: _____ <i>(Please describe)</i>	<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Breast or Skin problems:</u></b> Change in Moles Dry/Itchy Skin Rash Sores Other: _____ <i>(Please describe)</i>
<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Mouth Problems:</u></b> Bad Breath Dryness Hoarseness or Other Voice Change Snoring Sore Throat Swallowing Difficulty Other: _____ <i>(Please describe)</i>	<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Brain or Nerve Problems:</u></b> Change in smell Change in taste Change in Vision NOT Corrected with Glasses Memory Loss Headache Numbness Facial Pain Weakness Other: _____ <i>(Please describe)</i>
<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Heart Problems</u></b> Lightheadedness Chest Pain Irregular Heartbeat/Palpitations Other: _____ <i>(Please describe)</i>	<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Blood or lymph problems:</u></b> Excessive Bleeding Easy bruisability Neck Mass/Swelling Other: _____ <i>(Please describe)</i>
<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Lung Problems:</u></b> Frequent Cough Difficulty Breathing/Short of Breath Other: _____ <i>(Please describe)</i>	<input type="checkbox"/> <u>No</u>	<input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes <input type="checkbox"/> Yes	<b><u>Immune Problems:</u></b> Hives Unusual Infections Other: _____ <i>(Please describe)</i>
					<b><u>Other medical problem not listed:</u></b> _____ _____ <i>(Please describe)</i>



NASAL ENDOSCOPY CONSENT FORM

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Nasal Endoscopy: How do we look into your nose / sinuses?** When you come to CSC with a nose or sinus related problem, the doctors may want to perform a nasal endoscopy. This is a surgical procedure using sterile small cameras to look through the nostrils. This may allow your doctor to:

1. obtain drainage for culture
2. evaluate previous surgery, scar, openings, masses, polyps, causes of blockage
3. evaluate healing or complications of surgery
4. obtain specimens / biopsy for pathology evaluation
5. remove old blood, foreign material, packing, scabs/scar/blockage
6. educate you and others: We can use video glasses / TV screens to show inside also

The nurse will have you sign this permission form first and then offer to spray your nose to make the procedure easier. The spray is a combination of Afrin (to shrink tissue) and Lidocaine (to numb). This spray does taste bad and can cause teeth/throat numbness that wears off in about 20-30 minutes. Some patients may also have a sensation that they can't swallow - do NOT panic – this will pass. Two words you need to remember during this procedure:

**"Ouch"**: allows us to know where it is tender

**"Sneeze"**: allows us to get outta there fast

A few (very few) patients experience significant discomfort/pressure during the procedure. We will stop if this occurs. The video glasses/ TV Screens allow you to see and can decrease the anxiety related to this. Less than 2% of patients faint/get queasy also - called a vasovagal reflex - we will put these patients chairs back and allow them to relax for a few minutes and this goes away.

**YOUR CONSENT:**

The procedure and description of this procedure, the more common risks associated with it and the potential complications have been described to me. This includes: a small amount of pain/pressure, a mild amount of bleeding, and a reaction to the nasal spray. I have had an opportunity to ask questions. I am satisfied with my understanding and the responses that I have received. I hereby authorize CSC personnel to perform a sinus / nasal endoscopy. I hereby authorize the doctor or his/her associates, to provide such additional services as he or they may consider to be medically advisable, including but not limited to suctioning, culturing the drainage, biopsies and packing if needed. I also consent to the use of photographs/video images to advance medical education and understand that if any photographs are used, I will not be identified by name.

Note: There may be a balance that is your responsibility if not fully paid by your insurance. This is usually less than \$200.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient's Signature / Legal Guardian



PRIVACY PRACTICES

This is a summary of our Privacy Practices, which describes how we may use and disclose your medical and personal information.

**OUR PLEDGE TO PROTECT YOUR PRIVACY**

The California Sinus Centers and Institute, their providers and staff are committed to protecting the privacy of your information. So that we may best meet your medical needs, we share your medical records with providers involved in your care. We share your information only to the extent necessary to collect payment for the services we provide, to conduct our business operations, and to comply with the laws that govern health care. We will not use or disclose your information for any other purpose without your permission.

**YOUR RIGHTS REGARDING MEDICAL INFORMATION ABOUT YOU**

- to inspect and obtain a copy of your medical records with certain limitations;
- to request an amendment or addendum to your medical record;
- to an accounting of CS disclosures of your medical information;
- to request restrictions on certain uses and disclosures of your medical information;
- to request when and where to contact you;
- to request a copy of this Notice of Privacy Practices.

**WE MAY USE AND DISCLOSE YOUR PERSONAL AND HEALTH INFORMATION WITHOUT YOUR AUTHORIZATION FOR THE FOLLOWING PURPOSES:**

- to provide you with medical treatment;
- to bill and receive payment for the treatment received;
- as required and permitted by law.
- for functions necessary to run the California Sinus Centers and Institute and assure that our patients receive quality care;
- for public health activities (e.g. reporting abuse);
- for research purposes in limited circumstances;
- to a coroner, medical examiner, funeral director or organ procurement organization for certain purposes;
- to a court or administrative order, subpoena, discovery request or other lawful process;
- to a health oversight agency, such as the California Department of Health Services;

*We reserve the right to change our privacy practices and update this Notice accordingly. Please see more at: <http://www.sacent.com/index.cfm/fuseaction/site.content/type/npp.cfm>*

**I have read, agree and understood all of the above, my rights and Privacy Practices of California Sinus Centers, Institute and Affiliates.**

\_\_\_\_\_  
Signature of Patient or Legal Representative

\_\_\_\_\_  
Date

If Legal Representative, please indicate relationship to patient here:



# JOINT Patient Financial Policy

## Agreement

**THANK YOU for choosing CalSinus and SacENT Medical Management to partner in your healthcare.** Your understanding of our JOINT Patient Financial Policy is important to our professional relationship. *WE are working together with you to assist in your care. You as a patient and us as providers will need to work together when it comes to your account.*

**Insurance:** Knowing your insurance benefits, eligibility, covered benefits AND procedures is *your* responsibility. Please contact customer service at your insurance company for questions regarding your coverage. **You may be fully responsible for charges not covered by your plan.** We can assist you with the codes that we often use to bill for our services. We will also assist with most prior authorizations. **Proof of Insurance:** You must furnish valid and up-to-date proof of insurance coverage. If you provide false or expired insurance information you will be responsible for the entire account at our cash patient rates. **Please notify us of any changes in insurance coverage prior to time of service.**

**Claim submission:** We will submit your insurance claims and assist you in any way reasonable to help get your claim paid – up to 30 days. Your insurance company may need you to supply information directly to them. Please be aware that the balance of your claim is your responsibility to pay whether or not your insurance company has paid.

**Patient Responsibility for Payment:** You will be responsible for payment of any **co-payment, co-insurance, deductible or service not covered by your insurance, as well as any collection fees.** All co-payments and past due balances are due at the time of your service. Patient balances noted on your monthly statement are due within 10 days of receipt. Our office does not accept cash for security reasons. We accept Visa, MasterCard and checks or pay via our website.

**Non-Payment:** Failure to pay will result in your account being referred to a collection agency, which may affect your personal credit rating. We will make several attempts to contact and work with you before referring to an agency. We will also ask delinquent patients to make arrangements to be seen elsewhere, as we can not assist further. If you are unable to pay your balance in full please contact our office ASAP.

**Self-pay:** Self-pay accounts are patients without insurance coverage. This includes patients covered by insurance plans in which the office does not participate, or patients without an insurance card on file with us. As of January 1, 2012 - self-pay for a New Patient visit is \$400, a Return Patient visit is \$200 and a CT scan for a new or return patient is \$400. All prices are subject to change without notice – but usually only in January and July of each year.

**Missed appointment:** NO SHOW or missed appointments represent not only a cost to us, but also an inability to provide services to others who could have been seen. We require **at least 24 hours notice** of cancellation to avoid a **cancellation fee – ranges from \$30-50** – depending on appt time held.

This financial policy helps the office provide quality care to many patients. If you have any questions please ask now. **I have read, understand, and agree to comply with the terms of your Joint Financial Policy – as such I have signed below.** Thank You, Calsinus staff & providers.

\_\_\_\_\_  
Patient Name / Guardian (please print clearly)    then    SIGNATURE    then    Date

\_\_\_\_\_ ( Staff member )    MR #: \_\_\_\_\_



Missed Appointments – “NO SHOW “ fees

**We are a very busy practice. We often have a waiting list for appointments that patients need. Please give us as much notice, if you need to cancel a visit – so we can get another patient cared for.**

**Please read and sign below:**

- **All missed appointment fees are not covered by insurance plans. It may be your responsibility to pay before or at your next visit.**
- **If you need to cancel or reschedule an appointment, please call us at least 24 hours ahead.**
- **If you fail to arrive for your appointment and have not notified us 24 hours in advance, you may be charged.**
- **Staffing, materials, rent etc and our time are required to prepare for your appointment – and those expenses remain - whether you show or no show.**
- **The “No Show Fee” is \$30**
- **If you have missed three appointments, please discuss your schedule with our office staff. You may benefit from seeing someone closer to you or seeing us on a different day or with different provider.**

**Thanks for your understanding.**

**Patient Name (please print clearly) \_\_\_\_\_**

*I have read above, agree and understand.*

**Patient or Legal Guardian: Sign/ date here: \_\_\_\_\_**





CALIFORNIA  
SINUS CENTERS

3351 El Camino Real, Suite 200  
Atherton, Ca 94027  
(650) 399-4630

**From the South:**

Take 101 North toward San Francisco  
Take the Woodside Road/CA-84 W Exit  
Merge onto Woodside Road/CA-84 W  
Take the ramp toward CA-82 S/El Camino Real South (the second exit for CA-82)  
Follow the exit ramp to Redwood Avenue, turn Right  
Merge Right onto El Camino Real/CA-82 South  
Turn Left onto Loyola Avenue  
*If you reach the stoplight at Atherton Ave / Fair Oaks, you have gone too far.*  
Pull into the first driveway on your Left for Patient Parking

**From the North:**

Take 101 South toward San Jose  
Take the Woodside Road/CA-84 W Exit  
Merge onto Woodside Road/CA-84 W  
Take the ramp toward CA-82 South/El Camino Real South (the second exit for CA-82)  
Follow the exit ramp to Redwood Avenue, turn Right  
Merge Right onto El Camino Real/CA-82 South  
Turn Left onto Loyola Avenue  
*If you reach the stoplight at Atherton Ave / Fair Oaks, you have gone too far.*  
Pull into the first driveway on your Left for Patient Parking

**From the East:**

From 880  
Take the Decoto Road/CA-84 W Exit toward Dumbarton Bridge  
Merge onto CA-84 W (Portions are toll road)  
Turn Left onto Marsh Road/CA-84, continue to follow Marsh Road  
Turn Right onto Middlefield Road  
Turn Left onto 5<sup>th</sup> Avenue  
Turn Left onto El Camino Real/CA-82 S  
Turn Left onto Loyola Avenue  
*If you reach the stoplight at Atherton Ave / Fair Oaks, you have gone too far.*  
Pull into the first driveway on your Left for Patient Parking

*If your starting location allows, we do recommend traveling to our office via Highway 280.* Take Highway 280 to Highway 84 (Woodside Road) East, then Highway 84 to El Camino Real/CA-82 South. Once you are on El Camino Real, the directions are the same as above.

**Pictures of the office exterior can be found at:**

<http://diamondprops.com/athertonsquare/photos.html>

**Note: 3351 El Camino Real is the only two-story building on the block.**



OUTCOME MEASURE QUESTIONNAIRE

Date: \_\_\_\_\_ Name: \_\_\_\_\_

We would like to know more about these problems and how they impact your life. There are no "right" or "wrong" answers, and only you can provide us with this information. Please rate your problems as they have been RECENTLY.

Magnitude Scale

Considering how severe the problem is when you get it and how frequently it happens, please rate each item below on how "bad" it is using the following scale:

- 0= No present/no problems
1= Very mild problem
2= Mild to slight problem
3=Moderate problem
4= Severe problem
5= Problem is as "bad" as it can be

MAGNITUDE

Table with 11 rows of symptoms and a magnitude scale from 0 to 5.

Please feel free to add any additional comments below. Thank you for your help.

MEDICATIONS YOU ARE TAKING:

\_\_\_\_\_

QUESTIONS FOR YOUR DOCTOR: \_\_\_\_\_

Patient / Guardian Signature \_\_\_\_\_
Date \_\_\_\_\_

THANK YOU !!!